

Optimization of Anthocyanin Content in Uwi Flour (*Dioscorea alata*) Using Response Surface Methodology

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Abstract—Main problem in the processing of *Dioscorea alata*'s tuber into flour is the changing of colour. One factor in color changing is attributed to antocyanin reaction in the tuber. Several methods can be applied to minimise the browning and hence maintain the natural colour preferred by the consumers. This research was conducted to obtain the combination of age of harvest, blanching temperature and blanching length which produce the highest content of antocyanin in *Dioscorea alata*'s flour. The responses measured was anthocyanin content. The result showed that age of harvest was the main factor for anthocyanin content of *Dioscorea alata* flour. The optimum anthocyanin content is predicted to be achieved by using tuber harvested at 9.6 months, temperature of blanching 86.12°C and blanching time for 0.56 menit.

Keywords –*Dioscorea alata*'s flour, anthocyanin, age of harvest, blanching

I. INTRODUCTION

The flour of purple *Dioscorea alata* is one potential product from the tuber of *Dioscorea alata* which can be used as partial substitute for wheat in some food products. Purple *Dioscorea alata* flour also contains bioactive components such as dioscorine, diosgenins, and soluble non starch polysaccharide render it valuable material for functional foods. The main problem of producing purple *Dioscorea alata* flour is the changing in color of product due to browning reaction [1] despite the color being one of the important factor in quality determination of purple *Dioscorea alata* based food products. Furthermore, the purple color of *Dioscorea alata* flour is an indication of the presence of bioactive component antocyanin [2].

Several methods have been developed to prevent browning during the processing of *Dioscorea alata* tuber into flour such as inactivation of peroxidase enzymes and poliphenol oxidase (PPO) using blanching treatment [3,4,5]. The blanching treatment can be applied using several range of temperatures and times. Besides the temperature and length of blanching, the color of produced flour is also depend on the age of tubers when they are harvested due to the difference in PPO content [6].

This research was conducted to obtain combination of age of tuber at harvest, blanching temperature and time during the processing of purple *Dioscorea alata* tuber which produce flour with the highest content of antocyanins.

II. MATERIAL AND METHODS

A. Material

The fresh tubers of purple *Dioscorea alata* was

harvested in Jambi City. The age of harvest were chosen according to the treatment applied.. The tubers were immediately stored at room temperature (30°C), until further required. The chemical used were methanol and H₂SO₄. The instruments used were water bath, drying oven, color box, digital camera, computer, and Adobe Photoshop software.

B. Reserach Design

The research used Box-Behnken design (**Table 1**) with age of tuber at harvest in month (X₁), blanching temperature in degrees Celcius (X₂) and blanching time in minutes (X₃) were the independent variabls. Each variable had three levels

TABLE 1
RESEARCH DESIGN

Eksperimen Number	The code for eksperimen			Treatments		
	X ₁	X ₂	X ₃	X ₁ (month)	X ₂ (°C)	X ₃ (min)
1	-1	-1	0	9	70	10
2	-1	1	0	9	90	10
3	1	-1	0	11	70	10
4	1	1	0	11	90	10
5	-1	0	-1	9	80	5
6	-1	0	1	9	80	15
7	1	0	-1	11	80	5
8	1	0	1	11	80	15
9	0	-1	-1	10	70	5
10	0	-1	1	10	70	15
11	0	1	-1	10	90	5
12	0	1	1	10	90	15
13	0	0	0	10	80	10
14	0	0	0	10	80	10
15	0	0	0	10	80	10

Flour preparation:

The production of flour from the tuber of purple *Dioscorea alata* was following the methods described previously (Ulyarti & Fortuna, 2016) without citric acid.

Respond Analysis

The respond analysed was the anthocyanin content [7]. One gram of flour was extracted using 10 ml methanol-acid prepared by mixing 95% methanol and 1 N HCl at ratio 85:15 (v/v). The sample was flushed by using nitrogen, shaken for 30 minutes and sentrifused at 3000g for 10 menit. Supernatant was separated and used spectrophotometer reading at λ 535 dan 700 nm. Anthocyanin content was calculated using the following formula:

$$C = \left[\frac{A_{535 \text{ nm}} - A_{700 \text{ nm}}}{\epsilon} \right] * (\text{total volume methanol extract}) * MW * \left(\frac{1}{\text{sample weight}} \right)$$

Where:

C = Total anthocyanin content (mg cyanidin 3-glucoside equivalents/gram sample)

ϵ = Molar absorptivity (untuk cyanidin 3-glucoside = 25,965/cm/M)

MW = Molecular weight cyanidin 3-glucoside yaitu 449,2 g/mol

Data Analysis

Second orde model was used :

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \beta_3 X_3 + \beta_{1,2} X_1 X_2 + \beta_{1,3} X_1 X_3 + \beta_{2,3} X_2 X_3 + \beta_{1,1} X_1^2 + \beta_{2,2} X_2^2 + \beta_{3,3} X_3^2 + \epsilon$$

where :

X_1 = age of harvest

X_2 = blanching temperature

X_3 = blanching length

Respond (Y) was dependent variabel (anthocyanin content). Coefisien β were determined by using *least significant squares*. The acceptance or rejection of proposed math model was determined by looking at the determination coefficient (R^2) and the significance for lack of fit test.

III. RESULT AND DISCUSSION

Anthocyanin Content

Anthocyanin content of several combination of treatments for flour production is presented at **Fig 1**. The surface plots and contour plots for their anthocyanin content can be seen at **Fig 2**.

The condition of each run was set according to experiment number shown in Table 1. As the last three runs were the repetition of the same combination of treatments, the quite similar values for these three runs showed that the experiments were carried out quite precisely. The highest anthocyanin content (78.5 mg/g) was produced from age of tuber at harvest 10 months, blanching temperature 90°C, and blanching time 5 minutes (run 11).

Anthocyanin content in the potato tuber is known to be influenced by the flesh colour, growing area and year of planting [8]. Similar factors may influence anthocyanin content

in *Dioscorea alata* tubers. Biosynthesis of anthocyanin is known to occur during the same time as tuber initiation, hence the content of anthocyanin in tuber may change during growth. Current experiment showed that the increasing in age of tuber at harvest in one case increased anthocyanin content of the flour (run no 1 and 3) but in other case decreased the anthocyanin content (run no 5 and 7). The last case was in agreement with a study from [9] which showed that anthocyanin content in the color-fleshed potato was decreasing during the maturation.

Similar result for the influence of age of tuber during harvest was found for blanching temperature. The increasing in blanching temperature in flour production in one case increased anthocyanin content of the flour (run no 3&4; 9&11) but in other case decreased the anthocyanin content (run no 1 and 2). Anthocyanin is known to degrade during heating process. Its degradation occurs at faster rate at higher temperature [10].

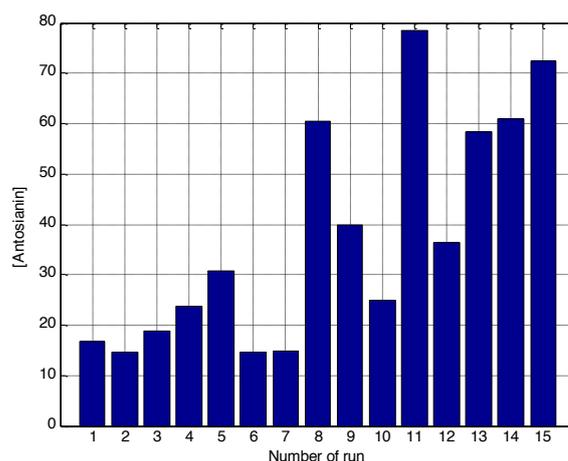


FIG 1. Anthocyanin Content of Flour Made Using Several Combinations Of Treatments

Optimum Condition

The optimum condition was calculated using the equation generated from the experiment. Based on the data on Fig 1, the equation for anthocyanin content is as follow:

$$Y = 63.8533 + 5.1313 X_1 + 6.6075 X_2 - 3.4513 X_3 + 1.7400 (X_1)^2 + 15.4275 (X_2)^2 - 6.7750 (X_3)^2 - 30.0554 X_1 X_2 - 15.3079 X_1 X_3 - 3.5704 X_2 X_3$$

The statistical analysis for the above model is presented in Table 2. This equation showed a high determination coefficient 0.81 means that the model is accepted. The acceptance of the model is also showed by lack of fit test which gave non significant lack of fit for the above model. By looking at λ values, the most influencing factors are as follow: age of the plant at harvest followed by blanching temperature and blanching time. The optimum anthocyanin content is predicted to be achieved by using tuber harvested at 9.6 months, temperature of blanching 86.12°C and blanching time

for 0.56 menit. At these condition, the optimum anthocyanin content was obtained at 68,15 mg/gram flour.

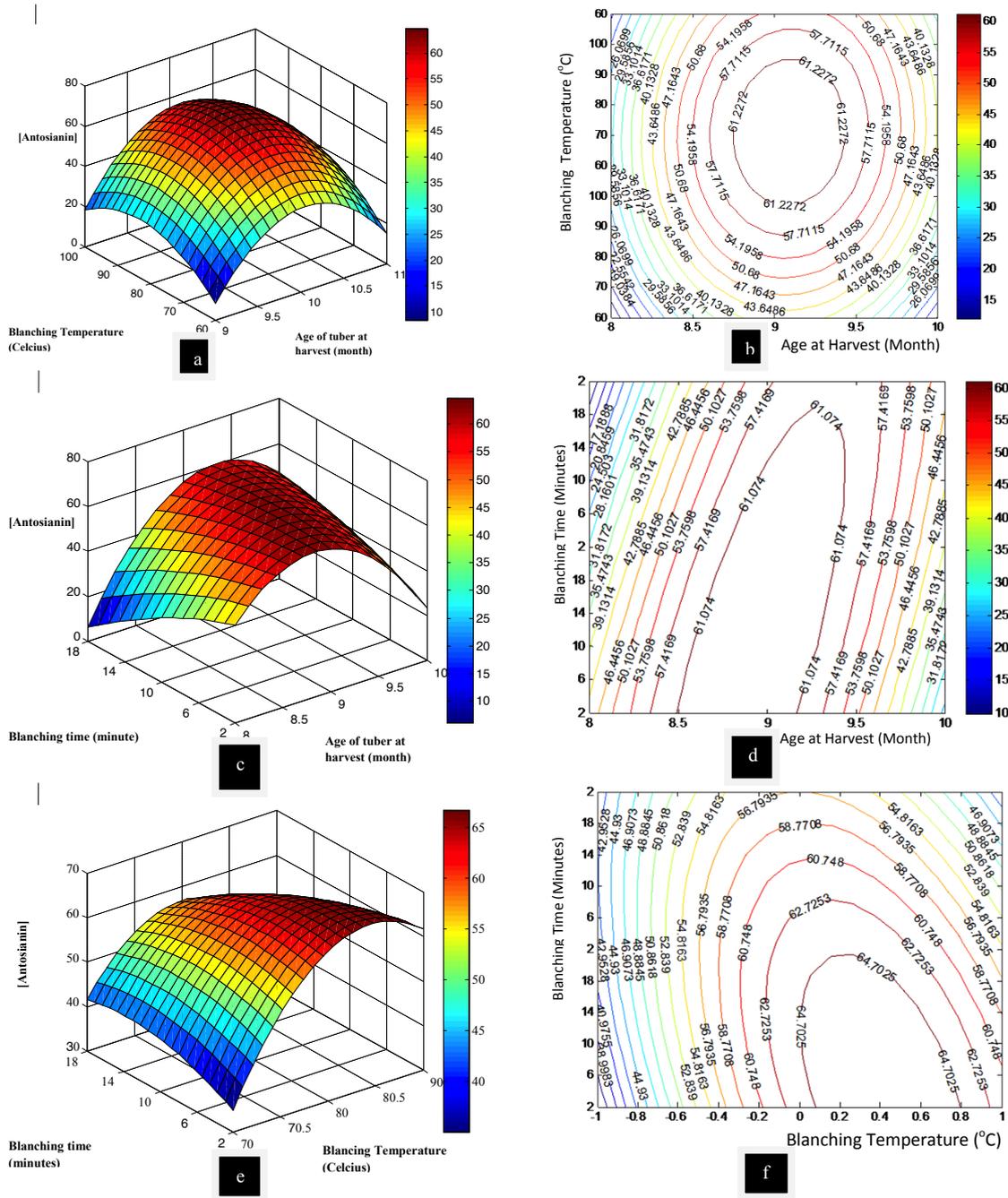


Fig 2. Surface plots (a) and contour plots (b) for anthocyanin content of flour made at blanching time 10 minutes; Surface plots (c) and contour plots (d) of flour made at blanching temperature 80 °C; and Surface plots (e) and contour plots (f) of flour made at age of tuber 10 months

TABLE 2
STATISTICAL ANALYSIS FOR MODEL OF ANTHOCYANIN
CONTENT OF UWI FLOUR

Eigen values (λ)	Age of harvest (X ₁)	-32.3159
	Blanching Temperature (X ₂)	-15.7749
	Blanching Time (X ₃)	-0.8430
R ²		80.79%
	F Lack of Fit	7.29
	F table 5%	19.16
	Model accepted	Yes

IV. CONCLUSION

It could be concluded that age of harvest was the most influencing factor for anthocyanin content in *Dioscorea alata*'s flour, followed by blanching temperature and blanching time. The highest anthocyanin content in *Dioscorea alata*'s flour can be obtained by processing tuber harvested at 9.6 months, temperature of blanching 86.12°C and blanching time for 0.56 menit.

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